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Originally published as New England Clam Chowder in Healthy Cooking October/November 2008, Easy New England Clam Chowder > Potato Recipes > Seafood Soup >

Veganomicon: the ultimate vegan cookbook by isa

Dec 31, 2006 Veganomicon is the grown-up version of Vegan with a NOT eating meat or dairy, whether or not the recipe is soy-free, gluten

Calories, fat or carbohydrates? why diets work

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Twice-Baked Potatoes. 4 large baking potatoes 1/4 cup vegan sour cream and vegan bacon bits to the potato filling and mash the filling or use a hand mixer to blend.

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